



AVSO FORKS 5K FAST COURSE RUN/WALK

ALBION VOLUNTEER SERVICE ORGANIZATION

VICTORY PARK, ALBION, MI

FRIDAY, SEPTEMBER 19, 2003 – 7:00 P.M.



Registration Forms Available At:
Albion Volunteer Service Organization
203 S. Superior Street
Albion, MI 49224
(517) 629-5574



Payment must accompany registration
Checks Made Payable to A.V.S.O. are tax-deductible

PRICES FOR EARLY REGISTRATION ONLY, POSTMARKED BY SEPTEMBER 8.
PLEASE ADD \$3 AFTER THAT DATE. DEPOSIT IS NON-REFUNDABLE.

5K Run/Shirt – \$15 5K Run/No Shirt – \$12
5K Walk/Shirt – \$15 5K Walk/No Shirt – \$12

Age Groups for Men and Women:

14 and under, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-66, 67 and over

MEDALS AWARDED TO TOP THREE FINISHERS IN EACH DIVISION

Packet pick-up and late registration race day from 5:30 – 6:30 P.M. for runners; 5:45 – 6:45 P.M. for walkers

RAFFLE WILL BE HELD
FOR ALL PARTICIPANTS!
TOP PRIZE: FOUR TICKETS TO MAJOR SPORTS EVENT!

A free kids' run for ages 12 and under will be held at Victory Park
no pre-registration needed, no t-shirts; participation ribbons

The Forks Run is held in conjunction with the Festival of the Forks, a celebration of Albion's heritage and diversity.

We invite you to bring your family and enjoy the food and activities!